



Inner Prayer of Padre Pio for each moment of taking a decision

Beloved Lord,
may my gaze, my ears and my soul
be attentive to the signs that You send to me,
because knowing how deeply imperfect
and small I am before You,
I know that, if I implore from my heart and spirit,
Your inexhaustible Love will guide me.

Make me, Lord, in this world,
a faithful mirror of Your Presence;
banish from my being all arrogance, haughtiness and pride;
convert my heart according to Your Will.

May my soul be
like a pitcher of fresh water
in Your Holy Hands,
so that You, Lord, may pour out my spirit and my being
where You need them the most
so that, in perpetual self-giving and service,
I may fulfill, at each step, your Work of Love.

I ask You, Lord,
for You, just as Your Son did to the holy apostles,
to wash my head and purify it
from all thought that is contrary to You.

I ask You, Lord,
for You to wash my hands and liberate me from all the past,
and especially divest me from the inappropriate use
of power and all authority.

I ask You, Lord,
for You to wash my feet from the dust of the past,
from acquired traumas, from all suffering or scars
that I may have caused in some heart.

I ask You to purify me,
just as Your Beloved Son
was purified at the Temple.

Make me free from myself
so that, with another consciousness
and under a secure condition,
I may decide in accordance with Your Will



and Your Holy Aspiration.

Lastly, Lord,
empty me, humble me, make me nothing
so that You, Beloved Father, may be everything
because at the end of this pilgrimage on Earth,
Your wise and loving decision will be fulfilled.

Amen.

*Prayer transmitted by the Virgin Mary
in Her Weekly Message of [May 25, 2024](#).*