



**Sunday, March 3 of 2024**

**NINETEENTH CHRISTIC IMPULSE FOR LENT, TRANSMITTED AT THE LIGHT-NUCLEUS IMMACULATE HOUSE OF THE RELIEF OF SUFFERING, SÃO CARLOS, SÃO PAULO, BRAZIL, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS**

**Forty days with Jesus along the Lent path**

"Now that you are already in the Lenten desert, seek within yourself the answer that you long to hear and follow what your heart dictates, for the heart knows that it must fulfill the Lord's ardent aspiration to make you into a blessed soul, even while you are still on Earth.

A blessed soul serves without complaining. A blessed soul is unconditional. A blessed soul has their heart ready for anything.

Find, in the desert, the hidden mystery of God, in what is apparently arid and solitary. You are before the revelation of God's abundant Love, a Love that has no end and renews all things.

May your life be an expression of the inexhaustible Source of God's Love."

Christ Jesus