



**Wednesday, March 13 of 2024**

**TWENTY-NINTH CHRISTIC IMPULSE FOR LENT, TRANSMITTED IN THE LIGHT-COMMUNITY OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS**

**Forty days with Jesus along the Lent path**

"Contemplate, in this desert, the Reliquary of My Sacred Heart and find in it all that you need to go through this moment.

Contemplate the Reliquary of My Sacred Heart and become empty of yourself, so that the codes of the Savior may convert your life into something new.

Contemplate the Reliquary of My Sacred Heart with faith and proceed without looking in the past, but rather living in the present and waiting, in peace, for all the good that will come.

Contemplate the Reliquary of My Sacred Heart and you will be a different consciousness, permeated by the Light of all the merits achieved by the Lord.

This is the path of the aspirant and of the disciple of Christ: to contemplate the greatness of the Reliquary of My Sacred Heart so that everything may be in peace."

Christ Jesus