



Impulses of Saint Joseph

Phrases extracted from the daily messages of the Chaste Heart

September 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | | 1 Feel the Love of God for His Plan. Feel God's hope of multiplying the Spirit of Christ in His children. |
| 2 On communing, do not just place a piece of bread in your mouth. In Communion, live the greatest miracle of Christ, Who surrendered to the cross and keeps doing so every day. | 3 Every day the Lord takes on the sins of those who have faith and make of the bread the Sacred Body of Christ and of the grape juice, His precious Blood. | 4 Where are you at the time of Communion? Do you understand the greater universal mystery of Transubstantiation and Mercy? | 5 Go, little soul, dive even further; do not stay in the superficialities of life when before you, you have the greatest opportunity of transformation in this Universe. | 6 Do not pray just to calm your heart and to find peace. Plunge into prayer, merge with God, discover His Love and His Pains, alleviate His Most Sacred Heart. | 7 Open the door to the balm that still now emerges from the Heart of Christ and let His Mercy pour out over souls and over the Kingdoms of Nature. | 8 Make of your life the reason for the Sacrifice of Christ and of your permanent effort to merge in Him, the reason for which the Lord still has His Eyes on the beings of Earth. |
| 9 Transform, fly far. | 10 Keep your feet firmly on this Earth so that in your upliftment, it may transcend dimensions and enter with you into real time, into the time of God. | 11 I bless you and hold you in My Heart so that there you may unveil the mysteries I discovered in life, and also in the glory of the Heavens. | 12 Cease to deceive yourself with fear or the lack of inner strength to be the way you are in spirit, because your heart suffers while the energies of the world are reigning in you. | 13 You suffer because you do not express what you are and you miss the opportunity of being fully in truth, simply for yielding to the mental forces of this world in decadence. | 14 Do you see how little wise you are, who chooses to suffer rather than be fully in God? | 15 Have you ever thought of what it would be to inwardly consecrate your life and express this consecration in your actions, thoughts, and feelings? |
| 16 You say that you fear losing happiness, life, lightheartedness, but such attributes are of the soul, which can never manifest because you oppress it so as to live your own will. | 17 My child, I will no longer speak to you as a father speaks to a child; you are now a potential instrument of God, called friend and companion of Christ all over the Universe. | 18 During your day seek to deepen in the life of the spirit and free yourself from ignorance. | 19 Let your consciousness find new horizons within itself, and in this way, unveil the mysteries that you do not know about yourself. | 20 Know yourself, recognize yourself as a child of God and take action in the world as such. | 21 Recognize yourself as a part of that thread of light that brings continuity to Christic life on Earth and do not allow this divine principle to be erased from the human heart. | 22 Dear child, abandon ignorance, arrogance, and meanness. |
| 23 If you have surrendered to Christ, give all of yourself without fear. | 24 Do not cling to what you like in yourself, for the Lord asks everything from you. | 25 While the world suffers and fades for not knowing the Light, the Heavens open before you and a Messenger of God smiles and offers you loss of self so as to be fully in the Creator. | 26 Will you take this Divine Hand, or will you remain a prisoner of your own likes? | 27 Humanity awaits your true response rather than your transitory reflection. | 28 To transform the spirit and consciousness of a nation, it is necessary that its representatives generate a large amount of light in it in order to bring balance. | 29 Prayer is the tool for transforming one's spirit, and as a result, transform all that on the level of spirit is active and moves, all that has life there. |
| 30 When you pray, you attract from the higher worlds the Divine Laws that transcend the laws of the Earth and thus you generate merits for salvation and spiritual awakening. | | | | | | |