

40 Days with Christ Jesus Along the Lent Path

SACRED WEEK 2024 | ENGLISH

40 Days With Christ Jesus Along the Lent Path

A NOTE FROM THE PUBLISHER

With His infinite diligence in illuminating and nourishing our inner worlds, Christ Jesus has once again granted us a special grace. As a preparation of the devoted souls for Easter and the Sacred Week in 2024, Our Lord has carried out daily Apparitions to Friar Elías del Sagrado Corazón de Jesús, a visionary monk of the Grace Mercy Order, and transmitted short Messages, which He named "Christic Impulses".

The Master delivered 40 Christic Impulses, imbued with deep questionings, reflections and teachings, guiding hearts to the inner desert of Lent and, with His Priestly Love, leading them to experience this period of withdrawal into prayer and penance so that consciousnesses may contact their true inner reality, and thus make their decisions.

The Apparitions took place privately at the Marian Center of Figueira, in Carmo da Cachoeira, Minas Gerais, Brazil, and other Light-Nuclei that are also a part of this Work, also in Brazil, between February 14 and March 24, 2024.

Irdin Publishing

INNER DESERT, A SOURCE OF RENEWAL

A reflection by Friar Luciano

As a profound connoisseur of the human consciousness maturing process, Christ brings us a legacy of forty inner steps to help us keep our attention on inner life, on our own examination of conscience.

Each impulse invites us to commune with a different reflective state, and in this way we are helped to have parameters and references so that this examination may be done far away from the worldly calls, from the deceit of appearances, and through the symbol of walking in the desert. They are timeless impulses for all levels of consciousness, as long as the devotee and reader places themselves in the inner openness of acceptance that their steps must coincide with their decisions, which must coincide with their examination of conscience so that, in the seemingly human aridity, a new segment of this infinite journey, the expansion of consciousness, may be glimpsed.

Christ needs a mature response to these impulses due to the complexity of the times that we are going through, so that He may count on our consciousnesses. Everyone will be able to observe this response within themselves, and we should be sure that from our decisions will come the clarity about the steps to take, and the path segment to assume, always in silence and inner anonymity, as a source of strength for us to commune with Christ in this inner Easter.

Master and Lord, we thank You. May these impulses place us, each one of us, in the space that we should be in within Your Plan of Love.

Fre. Luciano





Ethical Instruction for These Times

Learn more about ethical principles and principles of deepening the consciousness for going through the current times.

www.freiluciano.org/en

PROLOGUE

Today, I come to you and your brothers and sisters, so that you may cross the door of Lent with Me.

For this reason, in the next forty days before Easter, I will come in an extraordinary way and at unexpected moments to deliver Christic impulses that will help prepare souls for the Easter of the Lord.

I might ask for unexpected things. The place where I will deliver each Message will be chosen by Me according to the need, it will be one of the areas of the Marian Center or the Light-Community of Figueira.

I ask you to be attentive to My Call. You will wait in vigil and joyfully for My arrival, which will be precise, immediate and extraordinary.

I want you to be able to live, in a similar way, what I lived during My forty days in the desert. I offer My Heart to all souls, as a favorite refuge of God.

When I tell you the moment when I will come during the next forty days, you will sound the bells of your homes, so that your brothers and sisters may know that I Am arriving and, in this way, all those who like may quickly gather at the indicated place. I assure you that it will be a daily moment of spiritual renewal.

Christ Jesus

February 14, 2024

Be patient on the path that you are going through. You are before the door of the last time; open it and enter the path that I indicate to you now.

Be brave and walk with Me in the desert. I will teach you to forgive and to reconcile with yourself, do not lose heart.



2nd **C**HRISTIC **I**MPULSE *February 15, 2024*

Do not be disturbed in the face of the aridity and loneliness of the desert, because in the apparent void is found the Whole, That One who, out of Love, originated life.



3rd Christic Impulse *February 16, 2024*

Enter the desert without reasons or expectation, on the path you will find the fountain that will spring from the earth, and in this way you will be able to quench your thirst.

Your decision will be that which will determine your next step. Think well about it.

February 17, 2024

In the desert, neither preferences nor justifications prevail. Rather, remove from your heart that which does not measure up to the Lord.

Allow the unexpected rain, which might fall upon the desert, to wash and purify you.

Be an instrument in the Hands of God.



5th CHRISTIC IMPULSE *February 18, 2024*

Do not fear the dark night of the desert, My Eternal Light will guide you step by step.

Do not pay attention to the temptations and tests, rather surrender to Me, and you will thus become free from yourself forever.

Remember that the only victims are the innocent. Reconsider.



February 19, 2024

In the heart of the desert you will find a place. In this place, you will find the Luminous Face of God, and His Immeasurable Presence will inspire you and impel you to learn, with faith and confidence, to surpass yourself.

Walk toward this sacred re-encounter.

The answer you seek is within you.



7th CHRISTIC IMPULSE February 20, 20244

Cross the desert in the confidence that within yourself you will hear the Sacred Voice of God, the Divine Voice that will encourage you to remove from your path the stones and thorns that hinder the free walking of the seeker of the Kingdom of God.

So that this mission may be possible, extirpate from yourself the vices and customs that undermine your spirituality.

Begin today to work upon your vice of criticizing. Be brave.



February 21, 2024

What personal aspects did you find in your inner desert, from which you need to become free?

Take heart, this is just the beginning. Remember to work on your vices, and to open to the holy virtues.

Today, I invite you to face, with love, the vice of competitiveness. Are you ready?



9th CHRISTIC IMPULSE

February 22, 2024

Despite the desert, continue on.

Despite the human aspects that want to control your life, continue on.

Although you may find your own reality within yourself, continue on.

Despite what may be caused to you by everything that you must transform, continue on and do not retrogress.

Continue on, seeking My Light.

Continue on, feeling My Love.

Continue on, because I Am thirsty.

February 23, 2024

How many steps have you been able to take in these ten days of Lent?

How do you feel on the path of the inner desert now?

Can you surpass Me in Love?

Be brave and walk. Become detached and divested from yourself, so that the Lord, your God, may govern you.

Carry out a deep work: distance yourself from all that which is superficial. Appreciate and value My Christic Impulses. I Am here.



11th CHRISTIC IMPULSE February 24, 2024

O Sacred People of Israel, walk and cross the desert, no longer seeking the Promised Land, because it lives and dwells in your heart.

Gather from the ground the Manna that was sent to you from Heaven and in gratitude feed on God,

so that all your descendants may be strong people, faithful and obedient to the Commandments of the Lord, your God.

O Sacred People of Israel,

who have spread yourself throughout the Earth, return to the beginning and to the origin of the Purpose that once manifested you.

February 25, 2024

The one who serves and comes out of themselves, will attain liberation.

The one who does not seek anything in return, will attain redemption.

The one who, from the heart, gives of themselves for others, will attain transcendence.

The one who does not complain and only gives thanks, will transfigure themselves.

The one who obeys the Law and reveres it, will consecrate themselves.

The one who only seeks God as the only Path, will not suffer.

The one who is available under any condition, will be a true server.

Try every day to convert yourself a little more into the virtues of those who have clarity about what it is to serve Christ.

Decide to be a seed of the New Humanity.



13th CHRISTIC IMPULSE

February 26, 2024

May calm, peace and serenity fill your spirit and consciousness, so that you may learn to walk in your own desert, without agonies or guilt.

Draw close, once again, to My Fountain, which springs from the earth. Drink from My Light and My Love, so that your steps may be taken with the ardent aspiration to be in Me and that I may be in you forever. Go forward!

February 27, 2024

In each fall, a learning.

In each learning, a choice.

In each choice, a path.

In each path, a destination.

In each destination, a decision.

In each decision, a test.

In each test, a challenge.

In each challenge, an opportunity to mature.

May the Christic Spirit mature in you.

May the Christic Spirit give you strength, every day, to cross your own desert.

May the Love of My Heart show you that it is always possible, because it is a matter of willingness.

Do not stop, fix your gaze upon My Heart.



15th CHRISTIC IMPULSE

February 28, 2024

On the path of the desert, My Rays will illuminate the dark pathways that you may find in your own consciousness. But may your admiration not be upon the shortcomings of life, but upon the power of My Grace which time and again can bless and consecrate your life. Learn to separate yourself from the aspects of your consciousness. Remain in neutrality, so that you may know how to act according to the Law, because if you are within the Law, it will always protect you.

I Am close to you.



16th CHRISTIC IMPULSE February 29, 2024

The time of the Return of the Lord will come, when the chosen, the persevering and the truthful will have a part with Me in the Kingdom of the Heavens.

In that hour everything will be known. Those who have been humiliated, will be exalted; those who have been exalted, will be humiliated.

In that hour, there will no longer be appearances, because the gift and the attribute of the Truth will prevail, and nothing will remain hidden any longer.

Therefore, purify your hearts, purify your feelings, purify your thoughts, and above all purify your intentions, so that, when the Lord returns, He may find you free from yourselves and transfigured by all the codes of Love that you have received throughout the times.

Know that I will be arriving without warning. I want you with Me.

March 1, 2024

Detach yourself from all that you believe you control or that you believe you own. You know that nothing belongs to you and that everything you have can be taken away from you, just as everything was given to you.

Revere the Law within you, for the Law will guide you on the path of righteousness and peace.

Walk barefoot in this desert in which you have entered. Self-empty yourself, so that in humility you may contemplate the immensity of God's Grace and His Infinite Mercy.

Learn to be nothing. I wish you to be an instrument of My Peace.



18th CHRISTIC IMPULSE March 2, 2024

I Am the Light of the world, no one can go to the Father except through Me.

Surrender with trust to that Greater Light, so that your steps in the desert may be guided by My Light. Surrender to the Light of My Heart and allow the rays of My Grace to touch your consciousness and your life.

This is the time of redemption. Leave your offering at My Feet, surrender your little heart to Me so that I may work wonders in your life.

Thirst no more, I offer you My Water of Life. Commune of My Body and drink of My Blood, let us together seal the covenant of unity and redemption, so that humanity may be liberated from all evil and all threat.

Be, in My spiritual garden, a flower of mercy and peace.

March 3, 2024

Now that you are already in the Lenten desert, seek within yourself the answer that you long to hear and follow what your heart dictates, for the heart knows that it must fulfill the Lord's ardent aspiration to convert you into a blessed soul, even while you are still on Earth.

A blessed soul serves without complaining. A blessed soul is unconditional. A blessed soul has their heart ready for anything. Find, in the desert, the hidden mystery of God, in what is apparently arid and solitary. You are before the revelation of God's abundant Love, a Love that has no end and renews all things.

May your life be an expression of the inexhaustible Source of God's Love.



March 4, 2024

Twenty days after Lent began, how has the path of the desert been for you so far?

Through My Words, have you been able to live, in a similar way, what I lived in the desert?

What is the result of your incessant quest for the Lord? Have you found Me within yourself?

I Am here, at each step of the desert, in each reflection, so that, in this Lent, you may see the gifts that God held in your heart, and so that, through you, these gifts may be at the service of the Plan.

Be aware of all this. The gifts are incalculable treasures for all Creation.

In this Lent, may your consciousness embrace with gratitude each Christic impulse that is received, because they are now the last ones.

Your Master and Lord walks in the desert by your side.



21st CHRISTIC IMPULSE March 5, 2024

Withdraw from your weaknesses the strength of the spirit, and let your spirit lead and guide you to the fulfilment of the Spiritual Purpose.

Rise from your falls as many times as necessary, but do not set yourself up as a victim, but as being responsible for your own actions.

Allow the power of Divine Mercy to transform all your miseries, so that you can be freed from yourself, from your own resistances.

Everything can be renewed, remember this. Nothing is fixed or permanent, the universe is dynamic and changes all the time.

Be brave enough to recognize your shortcomings, but do not punish yourself with your thoughts.

Be determined to achieve the inner freedom that I offer you. The desert is for the brave of heart, it is for those who are not afraid to be others.



22nd CHRISTIC IMPULSE

March 6, 2024

Just as you are, you must come to Me.

Just as you feel, you must come to Me.

Just as you speak, you must come to Me; for I will not judge you nor will I condemn you, for the flaws exist to be transformed, the imperfections live in your consciousness to be transcended.

But do not move too far ahead, follow the time of the heart, therein lies every answer.

Be humble and accept yourself as you are; when you do so, you will know what is beyond you, you will know the value of your soul and spirit.

Do not want to be something you will never be, everyone has their own cross and you must carry that cross without complaining or reproaching yourself.

Assume the part that corresponds to you in this trajectory.

Humble yourself if necessary, but without being pitiful.

Remember to become empty of yourself.



23rd CHRISTIC IMPULSE March 7, 2024

There is no inner pain that is not relieved.

There is no deep anguish that is not dissolved.

There is no wounded heart that is not healed, for My Love can do everything, from beginning to end.

In these days of Lent, let go of all that weighs you down, liberate yourself from all that imprisons you, transcend all incomprehension.

Do not allow your feet to remain prisoners of all this, be courageous and open yourself to the sacred healing of your heart. Thus, you will know other horizons; thus, you will understand human life as it is and nothing will disturb you any longer; for the one who lives in My Heart receives all My Graces, the one who lives in My Heart finds the way to the inner void.

I open to you the door to the new. I offer you the Word of Life so that everything within you may be redeemed.



March 8, 2024

What have been the twenty-four steps you have taken in this Lent up to today?

What have you been able to solve within your own inner desert? Have you realized that Lent is a Grace for experiencing penance? Have you noticed that Lent is an opportunity to make good decisions?

What fruits of all your inner work will you present to Me?

Can My Words be part of you?

How much longer will the world have to wait for the emergence of the New Christs?

Will you dare to finish the last stage of your inner desert in these special forty days?

Do you already know who you truly are?

Have you managed to return to your origin?

Have great patience and compassion, so that your feet may not take a step that is greater than your possibilities.

Hold on to Me, I Am here.



25th CHRISTIC IMPULSE March 9, 2024

Place your feet inside My ocean of Mercy, the deepest waters of the bowels of My Mercy will purify you.

Now, place your hands and your head so that, just as with the holy apostles, I may purify your intentions, expectations and any ambitions.

Surrender your being to Me so that, renewed by the codes of My Redeeming Love, you may be henceforth a selfless servant, surrendered in trust to the Light of the Divine Purpose.

After being purified, reflect so that you do not return to the same state or situation as before. The vices of life are to be transcended and redeemed.

Behold, here lies the horizon of My Heart. Seek in Me your support, the motive and the reason for living on Earth.



March 10, 2024

The one who loves, will not fear.

The one who made a mistake, will learn to make amends.

The one who offended, will learn to ask for forgiveness.

The one who hated, will reconcile again.

The one who divided, will unite again.

The one who submerged in darkness, will find the Light again.

The one who hurt, will learn to heal.

The one who is in ignorance, will someday awaken to the Truth.

The one who walked away, will one day return.

The one who mistrusted, will learn to self-trust.

The one who stepped backward, will learn to move forward.

Nothing is fixed or permanent, so is the evolution of the spirit of every being.

There are causes and conditions, but they cannot paralyze the walk of the disciple.

The universe will always show what is not yet solved, for being under the Law of the universe means being in unity and harmony.



March 11, 2024

Before speaking, know how to listen.

Before giving an opinion, know how to recognize the situation.

Before intervening, first get to know the facts.

Before deciding, first meditate.

Before acting, first be aware of the reality.

Do nothing impulsively.

Do not alter anything without first asking for light.

Do not meddle without knowing the cause in depth. This will free you from yourself and others.

The only path lies in conscious prayer, for through it will come the answer that is needed.

It is important to transform the habits and the customs. It is important to open yourself to superior and inner realities.

Work every day to be united to the Source, for not everything will come miraculously. Each one has to do their part with maturity and responsibility.



March 12, 2024

May your gaze be upon the Heavens.

May your soul be in the Heavens.

May your heart be in the Heavens.

May your spirit be in the Heavens, and may you always remember that, regardless of any circumstance, God loves you as you are and wishes the good and peace to you and the world.

Make of your life an instrument of Peace.

Make of your life an action of Mercy.

Make of your being an expression of God's Love.

Let yourself be transformed, do not fear the power of My Fire; because when you conclude your experience on Earth, remember that you must shine like a star, capable of reflecting everything evolutionary and transcendent that you have lived.

May your consciousness be embraced by faith. Walk in this desert, and do not stop. I Am here always.



March 13, 2024

Contemplate, in this desert, the Reliquary of My Sacred Heart and find in it all that you need to go through this moment.

Contemplate the Reliquary of My Sacred Heart and become empty of yourself, so that the codes of the Savior may convert your life into something new.

Contemplate the Reliquary of My Sacred Heart with faith and proceed without looking in the past, but rather living in the present and waiting, in peace, for all the good that will come.

Contemplate the Reliquary of My Sacred Heart and you will be a different consciousness, permeated by the Light of all the merits achieved by the Lord.

This is the path of the aspirant and of the disciple of Christ: to contemplate the greatness of the Reliquary of My Sacred Heart so that everything may be in peace.



March 14, 2024

May God show you His Divine Face and illuminate your paths so that you may reach the purpose of your existence.

May the Lord, your God, anoint you with His Light and liberate you forever from all that, in your life, imprisons you.

May the Celestial Father guide you and show you the sacred path to fulfill His Holy Will.

May your heart open like a temple, so that the Lord, your God, the God of Israel, may dwell in you; so that you may conceive in yourself an empty heart, free from ambitions, vices and all ownership.

May the Lord, your God, Adonai, transfigure your entire consciousness, so that divine life may be in you and may one day be in all of humanity.

May Divine Grace, out of love, grant this moment, so that the New Christs may be present on the surface of the Earth.



March 15, 2024

You are now in the last stage of the desert, you are before the beginning of the next Sacred Week.

What will be the inner reflection that you will offer to Me, after the forty days of Lent?

What has changed within your consciousness? Are you the same being?

Do not lose sight of the last days of your spiritual desert. Time is ending and it is now time to offer oneself to the Eternal Father so that the expected time of the Return of Christ may be fulfilled.

May your feet be firm and safe upon the only path: the Path of Christ.

Endure the Cross, not with sorrow, but rather with love for sacrifice. I have already taught you how to do so.

Be brave and do not deter yourself, because the day of redemption is now close at hand.



32nd CHRISTIC IMPULSE

March 16, 2024

Finding yourself in the desert, divested of yourself, walk barefoot in the spiritual solitude that gives you the Grace of uniting in consciousness to the Whole, so that you may be part of the legions of servers and blessed ones on Earth.

Therefore, undo the ties of the sandals of your feet and walk free from yourself, free from all hatred, manipulation, rejection, indifference and disobedience.

Surrender to the sacred inner emptiness and your own resistances will no longer be a reason for so many lamentations.

The Chalice of offering is before you. The Steward Angel sustains it not only so that you may contemplate it, but also so that you may decidedly drink from it without knowing the significance of what it truly means.

Surrender! Surrender, just as the Lord surrendered on behalf of everyone, during the dark night of the Garden of Gethsemane.



33rd CHRISTIC IMPULSE

March 17, 2024

Thirty-three were the signs that God gave Me in the desert.

Thirty-three were the miracles I performed.

Thirty-three were the inner locutions of Saint Michael the Archangel.

Thirty-three were the main Instructions that I left to My apostles before the Ascension.

Thirty-three were the most difficult blows that I received out of Love for humanity and for their prompt redemption.

Thirty-three are the steps of the life of all those initiated in the apostolate of Christ.

Thirty-three are the Aspirations of God that I will fulfill when I return to the world.

Thirty-three are the cycles of those who learn to walk through the apprenticeships and of those who open themselves to the path of redemption.

Today, the thirty-three main spiritual impulses that the Lord of Israel, Christ Jesus, delivered in the last times to each one of the apostles of the end time are accomplished for Me.

Now, walk in the ceaseless search for the immortal spirit that lies in the innermost depths of each one of you.

I will always wait for you, in spite of delays or advances. In spite of everything, I Am here and I Am your Lord, the God of Love.



March 18, 2024

You must know that, after your feet cross the desert, you will find the secure door to your redemption.

Remain in the inner joy of knowing that you will no longer carry your own traumas and that you will always be shown the horizon so that everything may be healed.

Contemplate, then, how wonderful it is to serve God and the Grace represented by being part of His Celestial Kingdom on Earth.

Therefore, allow your heart to be pierced by God's Love, by a Love that can make you surrender at the Feet of the Lord, so that you may recognize that, regardless of any circumstance or painful experience, there is something greater that blesses and purifies you, just like the rain water; that there is something that gives you the dignity of being a Son or a Daughter of God, just as the Most Holy Mother experienced within Herself when She entered the Temple.



March 19, 2024

Allow Me to remove from your eyes the blindfolds of illusion so that, with wisdom, you may learn to recognize the reality.

Deposit your trust in Me, and all that comes from God will be fulfilled.

At these last steps of the Lenten desert, allow the synthesis of this entire Christic experience to be lived within you.

You have to accept that all that happens to you in life is the result of a cause. What is the cause of your life?

It is time to assume that certain situations occur as a result of the decisions that are made. Nothing happens by chance on the path of the life of the spirit.

Be brave enough to face reality and, under the blessing of My Grace, continue walking until you can find the answer, the meaning and the reason for having incarnated in this world.

Remember that, after here, there is something beyond.



March 20, 2024

May silence, during this Lent, allow you not only to reflect and meditate on your present inner situation, but also to appreciate without guilt, through silence, the reality that is within you and around you.

But, first of all, observe the events with eyes of compassion and not with eyes of criticism; because just as My hour arrived during the Agony in the Garden of Gethsemane, so too will your hour arrive and it will be the moment to make a decision that will have repercussions on your whole life.

This Lent is not only the gateway to the contemplation of My Sorrowful Passion, but it is also the announcement that time is ending and it is necessary to have an evolutionary and fraternal attitude, an attitude capable of doing something for those who suffer, no matter what it costs. It is the opportunity to love again.



March 21, 2024

In each fall, a learning.

In each learning, an opportunity of transcendence.

In each transcendence, a Grace of liberation.

In each liberation, an opportunity to die to oneself.

In each moment of spiritual death, a door that opens to the expansion of consciousness.

But you must know well that, while you are in this world, you will live with afflictions. However, the afflictions might make you grow and mature, or the same afflictions might make you sink into interminable victimism.

Therefore, be intelligent and do not deceive yourself. From each life experience, allow yourself to take each moment as an impulse of ascension, as the stairway of Light that is placed before you so that you may ascend step by step.

The universe will always show you its signs.



March 22, 2024

To what extent have you learned to walk free from yourself in this desert?

In this Lent, have you managed to recognize your true being in your human person?

It is important to keep in mind that, throughout the path of transformation, there must not be identification with all that which, in yourself, defeats you, but rather, it is important to see the evolutionary aspect of each step that is taken in confidence.

This is why, in every examination of conscience, you must submerge in the act of repentance, so that the immovable resistances of your consciousness may someday surrender before the power of Christic Love; thus, you will become free from all that which cyclically repeats the same justified action.

Be wise and, in this Lent that is already ending, allow yourself to make an examination of your own conscience that is capable of opening you to redemption.



March 23, 2024

My hour is ending with you and you will have to remember all the wonderful things I taught you throughout the last times.

You cannot forget the first lesson:

That you love one another as I love you; that you serve Me in the world through the least and humblest of your brothers, for truly I tell you, if you are serving the least of Mine, it is Me that you will be serving.

Remember what I once told you:

When I was hungry, you fed Me.

When I was thirsty, you quenched My thirst.

When I was cold, you kept Me warm.

When I was in prison or sick, you visited Me.

Whatever you do or wherever you serve, remember that it is Me you are serving.

I come to bear witness that in Love all things are possible and souls can be set free.



March 24, 2024

Bid farewell to your inner desert with the certainty that you have made the last decision of your life.

Now, open yourself to new horizons, so that you may recognize the higher realities of Creation.

Reflect upon each step that you have taken in these forty days, in which you learned, by yourself, to realize the different states of your consciousness.

Trust, because despite everything, you have been called to live the same experience as your Master; you have had the Grace of understanding life through an examination of your own conscience.

Now it is time to serve untiringly and do your best until the end, so that this planet may have the joy of attaining total redemption of all its committed faults.

Walk, disciple of Christ, remembering the Voice of the Master!





Grace Mercy Order

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Association that has the purpose of propagating the teachings transmitted by Christ Jesus, the Virgin Mary, and Saint Joseph, and promoting the activities indicated by Them through the visionary monks of the Grace Mercy Order.

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