## Impulses of Saint Joseph

Phrases extracted from the daily messages of the Chaste Heart

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	The first step to begin a new cycle, a new life guided by the Will of the Most High God, is the transparency of the heart, of the mind, and of the senses.	2 Serve God, give to Him your best, and in doing so, in the essence of simplicity you will find open doors to humility, to reverence, and to love.	<b>3</b> If you do not seek to hide yourself from God, and offer Him your own miseries as well as your virtues, you will know what must be transformed and strengthened, in the spirit of humility and of prayer.	<b>4</b> May the simplicity of the heart open the paths for you to be true without fear.	5 Feel now that you are part of the Project of God and open yourself, little by little, to gradually lose what today you appear to be, and in this way discover what you really are.	6 In the spirit of simplicity, surrender your own will to God and do not have fear to follow His Plans.	7 The Will of God will always echo within the heart that becomes silent to hear It.
8	Listen more to the Voice of God in your interior, and be more attentive in hearing Him and more willing to follow Him.	<b>9</b> The Voice of God fills the spirit and cheers the soul.	10 In the silence of the heart, hear God, and in the courage of the spirit, respond to His Call.	11 Humility is born out of love for one's fellow being and love for God, and from this love arises reverence, because the heart that loves recognizes the Sacred and the Divine Essence present in each thing.	12 Humility is only found when the consciousness becomes capable of recognizing the presence of God in each being.	13 As an exercise of humility, seek to find the Creator in all things, look for a superior attribute that is expressed by a brother or sister, a Kingdom of Nature, or any expression of Creation.	14 Do not seek out the miseries in your fellow being in order for you to rejoice in being better than others.
15	Find the Creator in His creatures and love them, as if you had God Himself before your eyes.	<b>16</b> One of the pillars for the consecration of the spirit is the love of solitude; a solitude that finds the Heart of the Eternal Father, and within Him, the whole of Creation.	17 The consecration of Life requires that beings abandon all expectations in relation to their fellow beings and themselves.	<b>18</b> As long as you remain prisoners to the necessity of demonstrating results in your transformations, you will always be at the same point, and time and again, you will alwasys return to find the same miseries.	<b>19</b> Consecration must be between your own soul, your own spirit, and God. No interference upon Earth should separate you from the possibility of plunging yourself into the abyss of surrender to the Creator.	20 The final transformation comes from the true consecration to God, and to consecrate oneself to God is to give Him everything one is.	21 Discover how simple it is to follow the Footsteps of God and how real is the Celestial Freedom that is found upon abandoning the old, and opening oneself to be a seed of the new humanity.
22	The Lord expects that you clean the floor that you step on, that you remove the dry leaves and see the mark on the Earth of His Feet. Follow His Footsteps.	23 Enter the Divine Consciousness in prayer and find there everything you need to take for the steps towards a transformation of your life.	24 In order to find God, it is necessary to have peace in your hearts; do not allow the tribulations to disturb you. When you feel you are beginning to move away from God, become silent, and enter into prayer.	25 In order to remain on the path without wavering and to attain the goal placed before you by God, never lose the peace in your hearts nor struggle against yourselves, so that peace may settle within you.	26 In the spirit of peace, you will find all the answers that you need and you will serve as instruments in the Hands of God, in order to carry peace to those who have lost it or to those who have never found it.	27 May the attribute of peace, essential in these times, be the greatest treasure in the heart of those who follow Christ.	28 The soul that places itself on the correct path is the one that does not aspire to any merit whatsoever in this world.
29	In order for the Plans of God to be materialized, offer everything with commitment, effort, and perfection; not in order to be the materializers of the Work of God, but only to obey Him.	30 The worker of God does not know how the Work will end, does not know what they are building, but only places the brick where they are asked to. And they do it with much love, because the Work is not theirs, it is God's.	<b>31</b> Each day, allow yourselves be built by God and do not wish to know what will result from His Work. Only love to be servants of the Creator, trust in His Perfection, and with simplicity, you will find an absolute union with Him.				

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