

## Friday, March 29 of 2024

## WEEKLY MESSAGE OF SAINT JOSEPH TRANSMITTED AT THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS

Allow yourself, child, to enter into the Agonizing Heart of Jesus, and there, understand not only the mysteries of His deepest suffering, but also and above all, the expansion of His extreme and unknown Love for all of life and the whole human race.

In prayer, enter into the Agonizing Heart of Jesus so you may perceive what a union between God and His Creatures means, so you may experience being supported by a divine-human bond, which reveals the true significance of the likeness with God to your being.

In contemplation, enter into the Agonizing Heart of Jesus, and with every beat of that Heart, feel the power of Divine Love and the capacity for renewal which the Creator grants His Creatures.

Within the Agonizing Heart of Jesus, also allow your small heart to experience the expansion and the meaning of Love, so that in this way, you may know that the tests of life are not limitations of the human potential, but rather, in truth, are engines that lead creatures to evolution.

Learn to be in God under any circumstances, and in Him, you will understand the purpose of life and of each experience you have on Earth; you will learn to love life in essence and will live to open the path so that all creatures may experience and be a conscious part of the Love of God.

All that begins with prayer, with contemplation, with surrender, when you allow yourself to enter without fear into the Agonizing Heart of Jesus and there discover the profound mysteries of His Passion and His Love for life.

You have My blessing for this.

Your father and friend,

The Most Chaste Saint Joseph