



**Friday, May 26 of 2023**

**WEEKLY MESSAGE OF SAINT JOSEPH, TRANSMITTED AT MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRASIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Make silence the instrument to relieve your mind and heart.

Make silence the way for your consciousness to withdraw from the tensions of the world and to dive into the celestial mysteries.

Make silence the door to higher knowledge, the vehicle that will show you how to find the answers that you seek so much within your own heart.

Make silence the vehicle of peace for times of conflict, in which you can observe events and understand more fully how to cut the roots of evil and establish balance.

Make silence the path to awaken humility in your heart, learning to listen, observe and revere your neighbor, and life itself manifested in all things.

In times of so much chaos, child, when the noises of the world increasingly confuse hearts, seek in silence the way to be in balance.

Let there be in your life, in each one of your days, moments of silence, when you just focus on that which is true and that dwells in you, in which you are only willing to listen to God, even if God is also silent within you.

It is in this way, by learning to cultivate silence, that you will find the answers you so desperately need, that you will discover the source of wisdom in your inner universe, that you will be united with God and ready to listen to what His Holy Spirit dictates in your heart.

Silence is the great key that the Creator gives to humanity so that it learns to find peace.

It is in silence that you will perceive the union of times and the arrival of universal life and its realities on Earth.

It is in silence that you will learn to watch and perceive that which is outside the Law in you and around you.

It is in silence that you will be able to recognize the change of cycles.

It is in silence that you will feel the descent of the Immaterial Rays.

It is in silence that you will be beyond the stimuli of the world and you will constantly transmute them so that they do not take you off your path.

It is in silence that you will learn the meaning of surrender.

It is in silence that you will know what you lack to overcome the Love of God in your heart.



Silence then, and discover the simple and profound mysteries of the act of silencing.

You have My blessing for this.

Your father and friend,

The Most Chaste Saint Joseph