



**Wednesday, May 13 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

### **V - Inspiration to Constant Self-Overcoming While Seeking God**

A soul that always sought the truth within was sometimes turned more toward Heaven, and sometimes more immersed in the world. While submerged into the things of the world, the soul would lose themselves in the depths of the world's waters and, when they managed to return to the Light and breathe, they felt that it was difficult to return to the truth, that they became confused and no longer knew what was real.

So one day, speaking with God within, the soul questioned Him: "Lord, just a second of feeling Your Presence strengthens my spirit for it to be upon Your Path, but just a second that I am distracted from You, I can no longer find You, and I become lost and I drown in the seas of the things of the world. What do I do to grow in You and no longer be submerged into the world?"

And responding also with a question, the Lord said: "Do you see the suffering of souls? Do you see what they endure in wars and conflicts? Do you see how those who have no hope suffer? Do you see how those who walk in darkness cannot find themselves? Does this move your little heart?"

Then close your eyes and contemplate My Presence within you. Imagine, little soul, that I Am inside of you. Remember everything I have built since the beginning of life: the dimensions, the stars, the sublime realities and the entire Earth. Do you feel how small you are? Do you feel how small your suffering is?

When you look at the suffering of the world or when you look at the greatness of Heaven, find the strength to not fall into the same errors and to not complain about your small difficulties.

Will your effort not be worth bringing relief to the world? Will your renunciation not be worth the intercession of a soul? Will your effort not be worth that My Plan may be fulfilled? Will your renunciation not be worth the world coming to know true life?

And even if you give your life, so that others may have knowledge of My Kingdom on Earth, little soul, know that each renunciation has indeed been worth it, each effort has been worth it, each overcoming has been worth it, each time you chose Me rather than the world, it has been worth it.

For this reason, when your heart is distressed and you feel that you prefer the world over following your path of return to My Heart, think of those who suffer, think of those who agonize, and then contemplate the Infinite, contemplate life, the universe, and may all of this make you small and may your problems also become small. May they be dissolved by My Breath."

May this story inspire you to overcome yourselves each day, contemplating that which suffers, contemplating all life.

You have My blessing for this.

The Most Chaste Saint Joseph