



**Tuesday, January 22 of 2019**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

### **The art of being nothing**

To be nothing is an inner state that transcends all the sciences and philosophies, all the teachings.

All beings are always searching to be something, through their profession, education, spiritual lineage, their role within the life on Earth, within families and inserted in the systems of life that the world offers.

To be nothing is not to stop doing things. To be nothing is a greater knowledge of the universal life that gives the heart the certainty that nothing that it seems to be belongs to it. To be nothing is the knowledge of All that God is; the wisdom that all life comes from this All and outside of It, is a mere nothing.

Within the body nothing functions alone. An arm, no matter how important it is in the body, outside of it, it loses its meaning and becomes nothing. So, the being who recognizes the Mystical Body of the Lord, formed by Life, also knows that separated from Him is nothing and together with Him, is everything.

To be nothing is an art of love and wisdom: it is a divine science, more than the consciousness of humility. A being can be humble and, even so, still be full of ignorance, believing that humility belongs to him, that he himself is the manifestation of humility.

To be nothing is a path of knowledge and of transcendence, it is the finality of everything. To be nothing is a path of love.

Aspire to this, children. To be completely in God and to recognize yourselves as nothing outside of Him.

You have my blessing for this.

Your Father and Friend,

The Most Chaste Saint Joseph