



**Friday, November 23 of 2018**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

A strong spirit is not one that wields a sword and supports evil and pain, sustaining themselves with the energy of their own bodies.

A strong spirit is not the one that has an answer for everything and does not tremble in the face of adversities, but keeps their head raised in humiliations.

A strong spirit, children, is one that sustains their strength in the Power of God; the one who, before wielding the sword for their fellow being or for something, wields it first upon themselves and is capable of overcoming their human condition through inner silence and peace.

A strong spirit is one that is capable of giving up their own will out of love for the Plan of God and that, with this same love, opens the doors that unites the dimensions and becomes a participant in Divine Laws.

A strong spirit is one that knows how to look into the eyes of their enemies with love and that experiences the freedom of forgiveness and the grace of reconciliation, removing from within themselves the hurts and wounds that used to consume them, although unnoticeably.

A strong spirit is one that knows that in the face of everything in life they must seek wisdom and discernment in God, not because they fear to make a mistake, but because they fear to move away from the path that leads to the Father.

A strong spirit is one that knows how to say "yes" when their cells and their bones say "no", and that launches into a transformation in Christ, even though their bodies clamor for a common human life.

A strong spirit is one that knows they will only triumph through unity and does not fear to hold out their hands to their siblings, to cry out for peace in the world and for redemption.

A strong spirit is one that is capable of setting aside their needs in order to assist the Kingdoms of Nature and grant them peace.

Today you are being called to this, to be spirits that are truly strong in the Power and in the Grace of God, because these times and this world need this.

Your Father and Friend,

The Most Chaste Saint Joseph