



## **Sunday, December 6 of 2015**

### **DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED AT THE MARIAN CENTER OF AURORA, PAYSANDU, URUGUAY, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Clamoring for peace and for mercy is the first step in the transformation of consciousness.

First, the mind prays, and then gradually it begins to listen to the heart. Then the soul breathes in relief for finally finding a reason to be with its attention in the world.

Prayer after prayer, the mind learns to live stillness and makes room for the heart to also command daily life.

At that moment, while seeing how the heart acts, the mind can no longer pray and ask for peace if it is not peaceful in its actions and its thoughts.

Then comes the second step of conscious transformation. The mind and the personality develop a taste for holiness and they themselves want to lead the steps of transformation so that they may be the best, the first ones in holiness. The heart observes and, with patience, when it can, it whispers to the personality and the mind that, in truth, the path of transformation is long and its result is known only by God. Gradually and with love the heart, which also lives in the consciousness, explains questions regarding virtues and gifts and teaches the mind what humility is.

The third step of transformation is that when the being discovers that they are not perfect and that there is much to still walk to reach even one virtue. This step is definitive because here the being is faced with hopelessness and the strong need of putting all effort aside to surrender once and for all to the world since Heaven seems to be so unattainable.

The fourth step is when the heart makes Mercy known to the mind and to the personality, clarifying questions about perseverance and persistence on the path, even though the path is infinite, because God, who is pure Love and Mercy, will make use of the perseverance of His children to one day cast them into holiness.

The fifth step of transformation is when the mind understands the essence of the spiritual virtues and loves them. Then its surrender begins, along with that of the personality, and they merge with the purpose of the heart, which is the door to the soul. Here, the mind and personality suffer greatly, but they already accept what they are living because they have opened up to overcome themselves.

The sixth step is when the mind becomes one with the heart and the personality becomes a vehicle of the soul. There are no longer conflicts between the life of the spirit and the life in matter, as far as resistances to transformation are concerned. The



being, here, continues to make effort and perseveres, but its consciousness already receives the impulses of the superior worlds and flows with the Will of God.

The seventh step is the first of a new cycle when the will of the being merges with the Will of God, and now the being will no longer struggle with itself, but with the world, to make the Celestial Kingdom triumph on Earth.

When I tell you about these steps, it is not simply for you to find yourselves in one of them. It is only so that consciousnesses may have the hope that, despite its imperfection, it is on the path of transformation and by taking the steps, one by one, with love and patience, it will be able to make of its spirit and its essence a triumph of God, an achievement of Christ.

Peace and faith in the hearts of all servants and consecrated of the Plan.

Thanking you, always,

The Most Chaste Saint Joseph